

Here are a few of the most common questions asked...

FAQ'S

Do I have to be an artist to attend?

Not at all! You just need a sense of curiosity and a willingness to explore new places, ideas, and ways of creating. Whether you've never created art or you're a full-time creative, this retreat is about the process—not perfection.

What will the morning and afternoon sessions be about?

This retreat is all about nurturing your creativity while connecting with the local culture and natural surroundings. Each session blends inspiration, exploration, and hands-on creation. You can expect a mix of:

- Creative prompts to spark new ideas
- Learning something new each day—whether it's a technique, material, or artistic approach
- Sourcing natural materials like sea glass, driftwood, seeds, and stones from the local environment
- Time and space to create, reflect, and make something truly your own

Here are a couple of examples of what a session might look like:

1. **Beach Sculptures** – Start the day by visiting a secluded beach filled with driftwood treasures. After some collecting, we'll explore different styles of driftwood sculpture, then dive into creating your own piece.
2. **Nature-Inspired Mosaics** – Head to the shoreline to search for smaller treasures—think colorful sea glass, unique rocks, or interesting seed pods. Then, learn some mosaic and wire techniques before bringing your finds together into a one-of-a-kind creation.

Each session is designed to be open-ended and flexible, so you can make it your own while being guided and supported along the way.

What is your cancellation policy?

A non-refundable deposit of \$400 is required to secure your spot. The remaining balance is due by June 30. If you pay the balance early, you can receive a refund, as long as it is before June 30. After June 30, refunds will only be available if someone on the waiting list is able to take your spot.

How Much Spending Money Should I Bring?

Honestly, probably not much! This trip is all-inclusive, so most of what you'll need is already covered. That said, you might want a little extra cash for things like:

- Purchases at the airport (snacks, souvenirs, last-minute items)
- Specialty drinks or snacks not included in our menu (though the food and snacks are pretty amazing!)
- Small gifts to take home—there will be a short opportunity to shop at the end of the week if you'd like
- Costa Rica doesn't have a strong tipping culture, but small tokens of appreciation—like a dollar or a kind gesture—are always appreciated by locals.

So while it's totally possible you won't spend anything all week, having a little cushion—\$50–\$100 USD, for example—can be nice, just in case.

Is it safe to travel to this location?

Costa Rica is known for being one of the friendliest places on earth. While, like anywhere, there is always a possibility of crime, our retreat is located in a small, family-oriented town your safety is a priority. It's a peaceful community, and incidents are highly unlikely.